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## Remain "Forever Young" at First-Ever Senior Prom

"Forever Young" is the theme of the City of Perris' first-ever Senior Prom May 31st at the Bob Glass Gym, 101 North D Street.

The event features dinner, dancing, camaraderie and salsa music, continues the City's Live Well Perris healthy-eating active-living initiative by encouraging residents and visitors over 55 to get off their seats and hit the dance floor. The night's menu also includes lean meats, salads and rice. The Senior Prom features the music of the Son Oeste Salsa Band. The event is free for Senior Center members, \$ for non-members living in Perris and \$10 for non-residents. Attire is formal. Registration takes place from 4 p.m. to 5 p.m.; dinner is served from 5 p.m. to 6 p.m., with dancing from 6:30 p.m. to 9 p.m.

More information is available at 951-657-7334.

Perris Mayor Daryl Busch said the prom targets a segment of the population sometimes overlooked during discussions about fitness and health.

"I am delighted that our staff has put together this event geared for senior citizens," Busch said. "This gives our seniors a chance to meet new people, enjoy companionship, a nice and healthy meal and get a little exercise through dancing."

### Media Contact

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