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## Residents to Parade Live Well Banner

Attention: City residents who took part in the Live Well Perris health initiative or those who want to get in a little light exercise.

The City needs you!

Perris officials have created a huge banner celebrating the City's hugely successful Live Well Perris health initiative and are asking residents to help carry it during Saturday's 26th annual Christmas Parade. The yearly extravaganza begins at 10 a.m. at Fourth and D Streets and ends a short distance away at City Hall, 101 North D Street.

Residents interested in carrying the banner are asked to sign up at Mercado Park, 10th and D Streets, at 8:30 a.m. Saturday.

Free face-painting will be available at the parks and sign-toters are eligible to win raffle prizes that will be given away at the parade's conclusion. City officials are encouraging sign-carriers to dress in their workout gear.



Band members practice their music and moves prior to the start of the 2013 Christmas Parade in Perris. This year's parade takes place Dec. 13 13 at 10 a.m.

Sabrina Chavez, Perris Assistant Director of Community Services and Housing, said the theme for the upcoming holiday parade is "Live Well Christmas," continuing the theme created by the Live Well Perris program, which has received national, state and regional recognition for its success in getting residents to exercise more and make healthy food choices.

"We realize that people are busy during the holidays but it's important to exercise—it's healthy for the body and the mind," Chavez said.

Perris Mayor Daryl Busch said the Christmas Parade is just one on three annual holiday-season events offered in Perris. The celebration kicked off Dec. 5 with the annual tree-lighting ceremony at the City Hall Campus. On Dec. 20, "Breakfast with Santa" will take place in the Perris Senior Center.

"We're proud of all the events we can offer our residents," Busch said. "Our City does a lot of things to involve our residents and we're pleased that they come out to participate. We expect another great holiday parade."

Mayor Pro-Tem Rita Rogers said churches, schools, businesses and non-profit organizations always take part in the Christmas Parade, making it a truly community-wide celebration.

"It's a wonderful event," she said. "It's a great time for everyone."

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