

Perris News

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Tour de Perris - Fun Run and Bike Race

Organizers of the second annual Family Service Association "Fun Run and Bike Race" say they hope to double the number of participants enjoying a day of exercising while raising money for a good cause at the Lake Perris State Recreation Area.

Proceeds from the Oct. 9 event will help fund senior nutrition programs in Perris and throughout Riverside and San Bernardino counties. The Family Service Association feeds 2,500 low-income seniors every day.

"The meals we provide assist a population that is very vulnerable," said Jeanne Joyce, the FSA run and race coordinator. "Some of our seniors have mobility issues and have a hard time getting out of their homes. Some are

IT Support Specialist Edgar Trenado crossing the finish

IT Support Specialist Edgar Trenado crossing the finish line at the end of the 2009 FSA bicycle race. He plans on defending his title in October.

homebound. Their only contact with the outside world is when our drivers drop off their meals."

The Fun Run and Bike Race begin and end at the Lake Perris Fairgrounds, located on Ramona Expressway three miles east of Interstate 215.

About 200 people took part in one of the three events—a 20-mile competitive bicycle race, a 5-kilometer "fun run" or competitive race and a one-mile walk. Event organizers are hoping to attract as many as 500 riders/runners/walkers in 2010.

The City of Perris was very heavily represented at the inaugural event. IT Support Specialist Edgar Trenado easily won the bicycle race and Public Works employee Juan Lemus took second in the competitive 5-K race.

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Public Works employee Juan Lemus after completing the 5-kilometer run.

Darren Madkin, Deputy Perris City Manager, said the bicycle race has been expanded from 20 to 30 miles and now

includes a good portion of the City of Perris as well as the State Recreation Area. The course is mostly flat and should not pose a major challenge to experienced riders. Madkin said he expects members of riding clubs to take part in the show.

"We're calling it the Tour de Perris," he said. "We're expecting riders from all over the region. It's for a great cause, it's great exercise, you'll get to see a lot of Perris and it will be great fun. We are pleased to take part in a program designed to keep our senior citizens happy and healthy."

Vince Agnifili, Chief Executive Officer of the Southern California Fair, said the upcoming fun run is a great way to build community pride and spirit. Registration and participation comes with a free t-shirt and free admission to the fair, with its carnival rides, food booths and sprint car races at the Perris Auto Speedway.

"Enjoy the community, enjoy the fair," he said.

More information about the upcoming Fun Run and Bike Race is available by calling the Family Service Association at 951-342-3057.

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