

**Available Resources and Assistance**

| Entity  | Resource Type        | Description  | Links   |
|---|----------------------|--|---|
| <b>California Employment Development Department</b>           | Technical Assistance | How to apply for Unemployment Insurance Benefits (File a Claim)  | <a href="https://www.youtube.com/watch?v=QQKrICx80H8&amp;feature=youtu.be">https://www.youtube.com/watch?v=QQKrICx80H8&amp;feature=youtu.be</a>       |
| <b>U.S. Department of Labor</b>                               | Technical Assistance | Information on the Families First Coronavirus Response Act (FFCRA or Act), which requires certain employers to provide their employees with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19 | <a href="https://www.dol.gov/agencies/whd/pandemic/ffcra-employer-paid-leave">https://www.dol.gov/agencies/whd/pandemic/ffcra-employer-paid-leave</a> |
| <b>U.S. Department of Labor, Wage and Hour Division (WHD)</b> | Toll-Free Help Line  | Assistance in the enforcement of labor standards to protect and enhance the welfare of the nation's workforce.   | 1-866-USWAGE (1-866-487-9243)   |