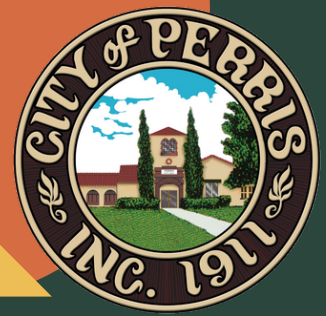


Healthy Options at Checkout Ordinance Samples



The City of Perris adopted **Ordinance No. 1423** that requires Perris commercial establishments with groceries larger than 2,500 square feet to provide healthy food and beverage items as the default option at checkout aisles. On September 12, 2023, an amendment to the Ordinance was adopted, **Ordinance No. 1433**. For a copy of the full ordinance visit www.cityofperris.org

Beverages consisting of:

1. Water, including carbonated water with no added caloric sweeteners;
2. Coffee or tea with no added caloric sweeteners (permissible condiments include sugar, sugar substitutes, milk, and creamer products);
3. Fat-free or 1% low-fat dairy milk or calcium- and vitamin D-fortified soymilk with fewer than two hundred (200) calories per container;
4. 100% fruit juice or fruit juice combined with water or carbonated water, with no added caloric sweeteners, in a size no greater than twenty (20) fluid ounces;
5. 100% vegetable juice with no added caloric sweeteners, no more than two hundred (200) milligrams of sodium per container, and in a size no greater than twenty (20) fluid ounces; and
6. Low-calorie beverages that have no more than forty (40) calories per container.

Foods that contain, per package:

1. No more than two hundred (200) calories;
2. No more than thirty-five (35%) of calories (or ten grams) from total sugars;
3. No more than two hundred (200) milligrams of sodium; and
4. Meet at least one of the following standards and have the first ingredient on the ingredients list:
 - a. sugar-free chewing gum or mint;
 - b. fruit or vegetables;
 - c. nuts, seeds, or legumes;
 - d. whole grains; or
 - e. low-fat or fat-free dairy.
5. The requirements of subsections 1 through 3 of this Section shall not apply to fruits, vegetables, nuts, seeds, and legumes.



Food and beverage items are samples and is not limited to other items permitted under the Healthy Options at Checkout Ordinance.

Chewing Gum & Mints

- 1 **Trident Sugar-free Chewing Gum**
- 2 **ICE BREAKERS Raspberry Sorbet Sugar-free Chewing Gum**
- 3 **EXTRA® Classic Bubble Sugar-free Chewing Gum**
- 4 **ALTOIDS Smalls Wintergreen Sugar-free Mints**
- 5 **5 Gum Spearmint Rain Sugar-free Chewing Gum**
- 6 **5 Gum Peppermint Cobalt Sugar-free Chewing Gum**
- 7 **5 Gum Wintermint Ascent Sugar-free Chewing Gum**
- 8 **5 Gum Watermelon Prism Sugar-free Chewing Gum**
- 9 **5 Gum React Mint Sugar-free Chewing Gum**
- 10 **5 Gum RPM Mint Sugar-free Chewing Gum**
- 11 **5 Gum Sweet Mint Sugarfree Chewing Gum**
- 12 **5 Gum Strawberry Flood Sugarfree Chewing Gum**
- 13 **Eclipse Sugarfree Gum**
- 14 **Mentos Pure White Sugarfree Chewing Gum**
- 15 **Breath Savers Sugarfree Mints**
- 16 **Doublemint Sugarfree Mints**

Chewing Gum & Mints

- 17 **ORBIT White Bubblemint Sugar-free Gum**
- 18 **ORBIT White Peppermint Sugar-free Chewing Gum**
- 19 **ORBIT White Spearmint Sugar-free Chewing Gum**
- 20 **EXTRA Spearmint Sugar-free Chewing Gum**
- 21 **EXTRA Sweet Watermelon Sugar-free Chewing Gum**
- 22 **EXTRA Refreshers Sugar-free Chewing Gum**
- 23 **EXTRA Polar Ice Sugar-free Chewing Gum**
- 24 **EXTRA Winterfresh Sugar-free Chewing Gum**
- 25 **EXTRA Refreshers Berry Mix Sugar-free Chewing Gum**
- 26 **EXTRA Pink Lemonade Sugar-free Chewing Gum**
- 27 **EXTRA Refreshers Fruit Mix Sugar-free Chewing Gum**
- 28 **LIFE SAVERS Sugar-Free Wint-O-Green Mints**
- 29 **Tic Tac X-FREEZE Sugar-Free Breath Mints**
- 30 **HALLS Relief Mountain Menthol Sugar-Free Cough Drops**
- 31 **PUR Sugar- Free Gum**
- 32 **Dentyne Fire Spicy Cinnamon Sugar-Free Gum**

Fruits and Vegetables

- 1 Whole Fruits and Vegetables**
- 2 Dried Chili Mango**
- 3 Terra Original Chips**
- 4 No Sugar Added Organic Applesauce**
- 5 Diced Yellow Cling Peaches in 100% Fruit Juice**
- 6 Bare Baked Crunchy Apple Chips**
- 7 Mariani Dried Apricots**
- 8 Sun-Maid Sour Watermelon Golden Raisin**
- 9 Wyman's Just Fruit and Greek Yogurt Bites**
- 10 Sunsweet Amazin' Pitted Dried Prunes**
- 11 That's It! Apple and Strawberry Bar**
- 12 Black Forest Stretch Island Raspberry Fruit Strip**
- 13 GoGo Squeez Apple Pear Pouch**
- 14 Baby Carrots**
- 15 Popchips Potato Chips**
- 16 GimMe Teriyaki Seaweed Snacks**

Nuts, Seeds, & Legumes

1 Snak Club Yogurt Trail Mix

2 Dry Roasted Pistachios

3 Wonderful Pistachios No Shells Roasted & Salted

4 Wonderful Pistachios No Shells Chili Roasted

5 Wonderful Pistachios In-Shell Lightly Salted Nuts

6 Wonderful Pistachios No Shell Honey Roasted

7 Terrasoul Superfoods Organic Raw Whole Cashews

8 Terrasoul Superfoods Organic Pumpkin Seeds

9 Hippeas Veggie Straws

10 Harvest Snaps Baked Veggie Snacks - Light Salted

11 Planters NUT-ririon Healthy Heart Mix

12 Bada Bean Bada Boom Garlic Onion Crunchy Broad Beans

13 Blue Diamond Whole Natural Almonds

14 Blue Diamond Almonds Low Sodium Lightly Salted Snack Nuts

15 Toasted Coconut Almond Granola

16 Nature's Garden Healthy Trail Mix Snack Packs

Nuts, Seeds, & Legumes

17 KIND Dark Chocolate Nuts & Sea Salt

18 KIND Caramel Almond & Sea Salt

19 KIND Peanut Butter Dark Chocolate

20 KIND Dark Chocolate Cherry Cashew

21 KIND Dark Chocolate Almond Coconut

22 KIND Extra Dark Chocolate Nuts & Sea Salt

23 KIND Cranberry Almond

24 KIND Almond & Coconut

25 KIND Blueberry Vanilla Cashew

26 KIND Dark Chocolate Mocha Almond

27 KIND Soft Bake Squares Salted Caramel Almond Flour Blondie

28 KIND Soft Bake Squares Peanut Butter Almond Flour Blondie

29 KIND Chocolate Almond Flour Brownie

30 KIND Thins Dark Chocolate Nuts & Sea Salt

31 KIND Thins Caramel Nuts & Sea Salt

32 KIND Thins Peanut Butter Dark Chocolate

Nuts, Seeds, & Legumes

33 Kind Thins Dark Chocolate Cherry Cashew

34 Mesquite Barbeque Crunchy Broad Beans

35 Vegan White Cheddar Hippeas

36 Harvest Snaps Baked Veggie Snacks - Tomato Basil

37 Harvest Snaps Baked Veggie Snacks - Sour Cream & Onion

38 Harvest Snaps Baked Red Lentil Snacks - Crunch Loops

39 Nut Harvest, Spicy Flavored Pistachios

40 Nut Harvest, Chile Limon Flavored Almonds

41 Nut Harvest, Lightly Roasted, Whole Almonds (1oz)

42 Nut Harvest, Sea Salted, In-Shell Pistachios (13/4 oz)

43 Nut Harvest, Sea Salted, Whole Cashews

44 Signature Farms, Nut Trail Mix

45 Cranberry Orchard Nut Medley Mix with Sea Salt

46 Hippeas Organic Chickpea Puffs Nacho Vibes

47 The Good Bean Sweet Siracha Chickpeas

48 The Good Bean Sea Salt Chickpeas

Whole Grains

1 CLIF Bar Thins Chocolate Chip

2 CLIF Bar Thins Chocolate Brownie

3 Boom Chicka Pop Sea Salt Popcorn

4 Smart50 Sea Salt Popcorn

5 Smartfood Flamin Hot

6 MUSH Apple Cinnamon Overnight Oats

7 Nabisco Original Wheat Thins Whole Wheat Crackers

8 Cascadian Farm Organic Blueberry Vanilla Chewy Bars

9 SKINNY Popcorn

10 Smartfood White Cheddar Flavored Popcorn

11 Kids Organic Whole Grain Bites

12 Kashi Peanut Peanut Butter Granola Bar

13 Blueberry Vanilla Cashew Kind Bar

14 Tart Cherry and Apple Superfood Bites

15 KIND Oats & Honey with Toasted Coconut Bar

16 KIND Vanilla Blueberry Bar

Whole Grains

- 17** KIND Milk Chocolate Chunk Bar
- 18** KIND Salted Caramel Drizzled Bar
- 19** KIND Dark Chocolate Peanut Butter Bar
- 20** KIND Creamy Peanut Butter Filled Snack Bar
- 21** KIND Almond Butter Filled Snack Bar
- 22** KIND Chocolate Peanut Butter Filled Snack Bars
- 23** KIND Oats & Honey Simple Crunch Bar
- 24** KIND Peanut Butter Simple Crunch Bar
- 25** KIND Dark Chocolate & Oats Simple Crunch Bar
- 26** KIND Cinnamon with Almonds Breakfast Cereal Bar
- 27** KIND Honey Nut with Almonds Breakfast Cereal Bar
- 28** KIND Chocolate with Almonds Breakfast Cereal Bar
- 29** KIND Peanut Butter Breakfast Cereal Bar
- 30** CLIF Bar Thins White Chocolate Macademia Nut
- 31** Apple Cinnamon Crunchy Rice Rollers
- 32** Kracklin' Kamu Brand Ancient Grain - Sea Salt

Yogurt and Cheese

- 1 Chobani Clingstone Peach Less Sugar Greek Yogurt
- 2 Siggi's Vanilla Skyr
- 3 Sargento String Cheese
- 4 Oikos Pro Peach Cultured Ultra Filtered Milk Yogurt
- 5 Two Good Coconut Greek Yogurt
- 6 Siggi's Strawberry Banana Lowfat Yogurt Pouch
- 7 Land O Lakes Reduced Fat Cheese Mild Cheddar
- 8 Tillamook Medium Cheddar
- 9 Sargento String Cheese
- 10 YUMI Clean Label Certified Organic Bar
- 11 GoGo Squeeze Yogurtz - Strawberry
- 12 GoGo Squeeze Yogurtz - Strawberry Banana
- 13 GoGo Squeeze Yogurtz - Apple Mango Guava
- 14 GoGo Squeez Big Classic
- 15 GoGo Squeeze Yogurtz - Banana
- 16 Happy ImmuneZ Organic Apple, Strawberry, Rhubarb

Beverages

1 Spindrift, Blackberry

2 La Colombe Pure Black Cold-Pressed Coffee

3 Aquafina

4 Minute Maid 100% Orange Juice

5 IZZE, Sparking Pomegranate

6 Hint Watermelon Water

7 Deep Park Triple Berry Sparkling Water

8 Bubly Grapefruit Sparkling Water

9 Minute Maid 100% Orange Juice

10 Ocean Spray, Unsweetened 100% Pure White Grapefruit Juice

11 NAKED Berry Blast Juice

12 NAKED Green Machine Juice

13 NAKED Mighty Mango Juice

14 NAKED Strawberry Banana Juice

15 IZZE, Sparking Apple

16 IZZE, Sparking Grapefruit
