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More Community Hikes Scheduled

Pleased with the outstanding turnout and success of its initial “Take a Hike” series, the City of Perris has organized a series of five additional walks later this year and in 2018—the first one taking place Sept. 9 at Kabian Park.

“The City of Perris is committed to offering more ways for residents and visitors to get out of their homes and exercise and challenge themselves,” said Recreation Coordinator Josh Estrada. “The upcoming hikes continue our Live Well Perris healthy eating active living campaign and allow them to see the City of Perris from one end to the other.”

More than 700 people took part in three hikes earlier this year, proving the worth of and the need to continue the exercise program, Estrada said.

“The feedback we received from those participants was 100-percent positive,” Estrada said.

The upcoming hikes include:

- ✔ **Sept. 9: Kabian Park, 28001 Goetz Road** in the extreme south end of Perris. This 3.5-mile hike includes some moderate to challenging hills as it winds its way to and from Canyon Lake, providing a stunning vista of the water and surrounding Perris Valley. A hike earlier this year at Kabian Park drew almost 200 participants.
- ✔ **Oct. 28: The Lake Perris State Recreation Area, 17801 Lake Perris Drive.** This 3-mile family-friendly “walk on the beach” traverse relatively flat ground. More than 300 people took part in the same jaunt earlier this year.
- ✔ **Feb. 10: The Lake Perris State Recreation Area** for a walk-on-the-beach excursion.
- ✔ **March 17: Kabian Park, 3-mile scenic hike course.**
- ✔ **April 14: Lake Perris State Recreation Area,** a 4-mile challenging hike to the summit of Terri Peak. More than 250 people participated in the same hike earlier this year.

Registration and sign-in for all hikes begins at 7:30 a.m. the morning of the event. Hiking begins about 8 a.m. Water will be provided at all hikes but participants are urged to bring their own as well.

All hikes are free but the Lake Perris State Recreation Area charges a parking fee of \$5 per vehicle to access the recreation area. A local dentist office, Perris Modern Dentistry, is sponsoring parking for the first 30 vehicles at the Oct. 28 hike.

Estrada said other individuals and businesses seeking to fund parking at future Lake Perris events should contact him at 951-943-6603.



Hikers walk along the trail at Kabian Park in Perris, site of an earlier City-sponsored event earlier this year. Another Kabian Park hike is slated for Sept. 9.

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