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Gloomy Day Doesn't Deter Perris Hikers



Participants of the April 30 hike at the Lake Perris State Recreation Area pose for a photo.

Despite gray skies and even some light rain, more than 70 people turned out for the first in a series of hikes and bicycle rides that continues the Live Well Perris healthy eating active living initiative.

Perris City Councilmembers David Starr Rabb and Mark Yarbrough joined the group of hikers April 30 for a relatively easy three-mile jaunt at the Lake Perris State Recreation Area.

"I enjoyed the hike and was pleasantly surprised that nearly people participated," Rabb said. "It further shows the City's commitment to healthy living."

Yarbrough expressed similar sentiments.

"Everyone had a good time," Yarbrough said. "It was an easy hike but it continues the essence of what we do—Live Well Perris. It was good to see all the people come out on a less than perfect day."

Recreation Coordinator Josh Estrada said participants included families and individual outdoor enthusiasts.

"We had a great turnout, everybody enjoyed it," Estrada said. "It was a nice family hike."

He said he expects the remaining hike and bike rides to draw enthusiastic crowds.

On May 14, a 5-mile bicycle ride takes off from Frank Eaton Memorial Park through the May Ranch community in North Perris. The route will be well-marked and should prove easily navigable as it includes only one gentle hill. The ride begins at 8 a.m. from Eaton Park at Bradley Road and Avalon Parkway. Participants are asked to arrive at 7:30 a.m. to register.

On June 4, a more challenging bicycle ride begins at the Lake Perris Fairgrounds, 18700 Lake Perris Drive, and includes a 7.5-mile course with one major hill. The route ends returns and ends at the fairgrounds.

The series concludes June 18 with a 4-mile hike at the State Recreation Area. The challenging hike begins at the outdoor amphitheater and includes an ascent to the top of Terri Peak and a course with little shade and could take up to three hours to complete.

Each event will feature giveaways to participants and a raffle of several Giant Mountain Bikes takes place at the final hike. All events begin at 8 a.m. but participants should arrive at 7:30 a.m. to register.

More information about the upcoming activities is available on the [website](#) or by calling the City gym at 951-943-6603.

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