

Perris Recreation Coordinator Josh Estrada points to the summit of Terri Peak, the objective of a challenging hike June 18 at the Lake Perris State Recreation Area.

The Lake Perris hike marks the final in a series of late spring events geared to getting people to exercise and stay in shape, part of the City's ongoing Live Well Perris healthyeating active-living campaign. The other events included a pair of bicycle rides and a less challenging hike at Lake Perris.

Estrada said the City will be raffling four bicycles, water packs and some other prizes to hikers following the upcoming event. The bikes come courtesy of Menifee Bicycles Inc.

Estrada has hiked the Terri Peak trail several times. No doubt it's a challenge. But those who meet the challenge will reap the reward of their diligence and perseverance.

"This trail shows off some of the hiking and recreational opportunities we have in Perris," he said. "It's a great workout and it exemplifies healthy living."

More information about the hike and other events in the City of Perris is available at www.cityofperris.org or by visiting the Facebook pages "Perris Today" and "Hoy en Perris."



Josh Estrada surveys a portion of the trail to the summit of Terri Peak prior to the June 18 hike.

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