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## Cyclists Gear up for Final Ride in Series



Riders get ready to take off for a recent bike ride part of the City's "Geared Up" program. The final ride in the program will take place Nov. 19 at 8 a.m. at Frank Eaton Memorial Park.

The City of Perris's "Geared Up" series of bicycle rides is gearing down.

Two previous rides in the series drew dozens of cyclists who took on a 5-mile "family friendly" ride that began and ended at Frank Eaton Memorial Park in north Perris. The series continued with a 7.5-mile roundtrip from the Perris Auto Speedway through portions of the Lake Perris State Recreation Area.

The upcoming Nov. 19 ride traverses a 13.5-mile route that starts and ends at Eaton Park and rolls through portions of the State Recreation Area. Although ending for 2016, the City anticipates continuing bicycles rides next year as part of its ongoing Live Well Perris healthy-eating, active-living campaign.

The Nov. 19 rides takes off at 8 a.m. from Eaton Park, 3600 Bradley Road.

Recreation Coordinator Josh Estrada said most riders should complete the route in about an hour. The Geared Up trio of rides has proven most successful, he said.

"We've had a lot of enthusiasm from the participants, including those who are riding with their children to people who are experienced cyclists," he said. "It's obvious many people want to take advantage of the opportunity to exercise while getting a great view of Perris and the majestic terrain around Lake Perris."

Estrada said the City hopes to inspire residents to keep moving and remain fit.

"We want people to come out and get a work out outside so they know what they have in their community," Estrada said. "We're encouraging everyone to get out and be more active."

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